



PSHE LEARNING JOURNEY

ecpublishing

HEALTH AND WELLBEING

Alcohol Awareness, Risks + Dangers
 Drugs, Substance Abuse + the Law (plus workbook)
 Mental Health Unit – Stress, Anxiety + Mindset
 Vaccinations, Organ, Blood + Stem Cell Donation
 Self-Harm Awareness
 Behaviour, Achievement Education + Distractions
 Personal Safety – Acid Attacks

RELATIONSHIPS AND SEX

Child Sexual Exploitation, Predators + Danger (CSE)
 Peer Pressure Unit: Bullying, Body Image + the Media – (unit includes Eating Disorders lesson)
 Domestic Abuse and Conflict, Abusive Relationships
 Our Community and Diversity Unit: Exploring the LGBT+ and other UK Communities

LIVING IN THE WIDER WORLD

Employability + Workplace Skills Unit
 Personal Finance – Avoiding Debt, Navigating Financial Institutions Unit, County Lines (workbook)
 Human Rights + Responsibilities Unit
 Law, Knife Crime + Youth Offenders lessons
 Self-discipline + Sustainability

On to Year 10+11

Spiral Approach to Content:

PSHE Association's Themes:

Health and Wellbeing
 Relationships and Sex
 Living in the Wider World

Additional Themes:

Citizenship and British Values
 Careers – Gatsby Standards
 Financial Education

Additional Content:

Range of Assessment Options
 Detailed Workbooks
 Quizzes + Interactive Content
 Trackers, Displays, SEND lessons, Detailed SoWs
 SMSC + Citizenship Mapping
 Confidence / Progress Checkers

People we've worked with

